

FIT MENU

Chef's Bowl

Grilled chicken, steak, fish, or shrimp. Served on a bed of grilled veggies, (brussels sprouts, mushrooms, green beans, zucchini, broccoli, & sliced avocado) with a side of molcajete sauce.

Chicken or Steak 14

Fish or Shrimp 16

Cilantro Lime Chicken

Tender grilled chicken, seasoned and marinated in our zesty avocado salsa.

Served with white rice and black beans. 14

Healthy Chef's Wrap

A spinach tortilla filled with lettuce, red cabbage, carrots, pico de gallo, avocado, jack cheese, and molcajete sauce. Your choice of grilled chicken or beef. 11

With fish or shrimp. 13

Mango and Jicama Ceviche

Our delicious fresh ceviche, served over jicama tostadas. 12

Keto Bowl

A bowl filled with your choice of grilled chicken, steak, or carnitas. Topped with pico de gallo, jack cheese, avocado, sour cream, and green sauce. 12

Shape Up Shrimp Enchiladas

Two wheat tortilla enchiladas filled with shrimp, mixed veggies & sliced poblano peppers. Topped with our signature molcajete sauce & jack cheese.

Served with an organic mixed green salad, and your choice of black beans or white rice. 13

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Lettuce Wraps

Topped with grilled chicken & sautéed bell peppers, zucchini, caramelized onions, peanuts, chile de arbol, & slices of avocado.

Side of greens sauce. 13

Fajita Bowl

Grilled chicken or steak, sautéed with grilled bell peppers & onions.

Served over white rice. 13

With Shrimp. 15

Two Get Fit Tacos Modesto

Two lettuce shells topped with grilled chicken, onions, cilantro, tomatoes & avocado. Served with a side of black beans & grilled green onions. 11

Healthy Chicken Caseras

Grilled chicken layered with fresh cabbage, pico de gallo, avocado, & a mild red sauce on top. Served with whole or black beans. 11

With Shrimp 13

Guilt Free Wraps

Two wheat tortillas filled with grilled chicken & veggies. Topped with fresh guacamole & our signature molcajete sauce.

Served with an organic mixed green salad, and your choice of black beans or white rice. 13

Fit Fish Tacos

Two grilled (adobado) bass tacos, topped with sliced avocado, fresh cabbage, purple onions, tomatoes, & a cilantro slaw. Served with an organic mixed green salad, and your choice of black beans or white rice. 14